



NORTH WEST BAY  
PROBUS CLUB

# PROBUS

OCTOBER 2013

VOLUME 11, ISSUE 9

**10<sup>th</sup>**  
*Anniversary*  
North West Bay PROBUS

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## YOUR 2013 MANAGEMENT TEAM

Sharon Seibt	<i>President</i>
Robert Grose	<i>Vice-President</i>
Mike Smith	<i>Treasurer</i>
Robert Grose	<i>Social Coord.</i>
Mary Crist	<i>Secretary</i>
Rita Morin	<i>Member Chair</i>
Steph Smith	<i>Speaker Chair</i>
Judy Love-Eastham	<i>Newsletter</i>
Lee Lukian, Joan McCully, Joan Harrison	<i>Hospitality Co-Chairs</i>
David White, Ken Fanning	<i>Members-at-Large</i>

## KEEPING THE LIGHTS ON

When people turn on the light switch most don't think about where and how that electricity arrived. All they mainly care about is that the light switch comes on.

At our *Friday October 4th* meeting meeting BC Hydro's Stephen Watson will provide an overview of the Vancouver Island electricity grid (including our local grid) and how they keep the power on, despite its advancing age. Much of the system was built in the 1950's and in need of upgrades to the infrastructure in order to keep up with consumer demand.

A Nanoose Bay resident and champion amateur golfer, Stephen was born in Nanaimo and attended university in the

U.S. on a golf scholarship. He has worked for BC Hydro for 22 years, obtaining his Masters of

Science degree in community and regional land use planning at UBC in the 1990s.

Stephen will discuss the billion dollar John Hart Generating Station Replacement Project in Campbell River, the \$30 million Buckley Bay Substation Project near Courtenay, and the \$52

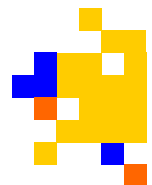
## FRIDAY 4 OCTOBER



million Long Beach Area Reinforcement Project near Ucluelet. He will also illustrate how BC Hydro respects environmental social considerations in its operations through the Heber River Diversion Decommissioning Project near Gold River.

**FRIDAY IS  
THE NEW WEDNESDAY!**  
ie. **don't forget:**  
**NWB Probus meets FRIDAY now - not WED.**

Check out our new website: [nwbprobus.org](http://nwbprobus.org)



## PRESIDENT'S MESSAGE

Welcome to fall: time for winds and rain, cool nights and hearty soups, warm sweaters and real shoes – with socks. And most importantly a time for giving thanks.

Like many of you I am grateful for our Probus club. I have learned so much from our speakers and tours. I have had so much fun at our pic-

nic and Christmas parties. I have joined fascinating special interest groups and committees.

I am most grateful for the people I have met in all these activities – all of them. This month I want to thank one person in particular – one who is continuing the great tradition started by Don Dempson. She is progressing

our club towards the twenty first century. How? By creating a web site.

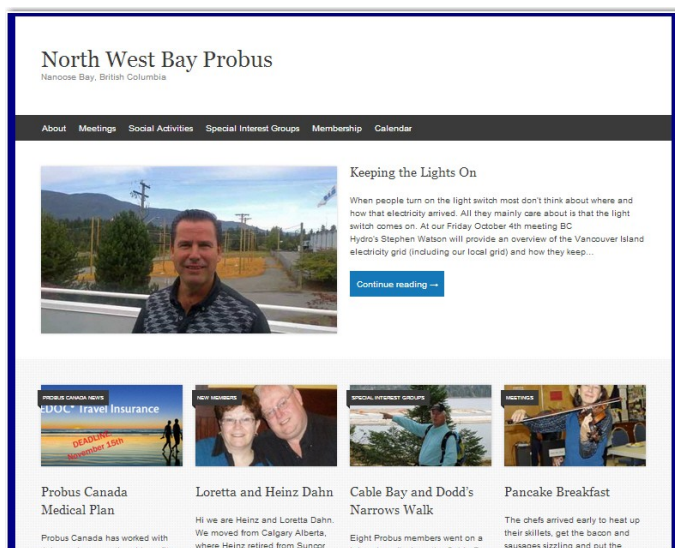
Over to you Judy Love-Eastham. Tell us how it works and what its role will be!

*Sharon Seibt*



Sharon Seibt  
President  
2012-13

## GETTING THE MESSAGE OUT ! NWBPROBUS.ORG



You've told us that your favourite newsletters have been those with lots of photographs. Now our new website gives us the opportunity to see more photographs than could be squeezed onto a page.

For instance – see a slide show of the Pancake Breakfast by typing in this url:  
[nwbprobus.org/2013/09/17/pancake-breakfast/](http://nwbprobus.org/2013/09/17/pancake-breakfast/)

In fact – to make it simpler, go to our homepage:  
**[nwbprobus.org](http://nwbprobus.org)**  
and scroll down to see all the latest activities and news and then click on the picture or title of any story you'd like to see in full .

Hike to Cable Bay vicariously with the Walking Group. Or – relive the fun and games at the picnic through the slide show.

Check around the site a bit and get a feel for what else is there.

You'll see information on:

- your Management Committee (under "About"),
- a list of speakers for the past many years
- information on our Special Interest Groups,
- membership information and a link to the member directory (the *password* is currently 2013), and
- a calendar of events – put your cursor over the event and/click on it for more information

Look down the side of the homepage, you'll see the date of the next meeting and different means to find posts (articles) on the site.

With this new tool, my team and I will be able to bring you better communications, faster. You can check out news of events as they hap-

pen right on the website—no need to wait a month. We'll send you an email newsletter with links to web articles and pictures – rather than sending a pdf attachment.

We look forward to hearing your comments.

Judy Love-Eastham  
[nwbprobus@gmail.com](mailto:nwbprobus@gmail.com)

## Ladies' Lunch

Thursday  
October 10th, 12:30pm -



## Bistro 694

694 Memorial Ave.,  
Qualicum Beach

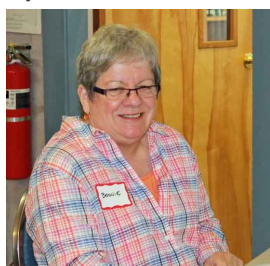


## PANCAKE BREAKFAST 2013



The chefs arrived early to heat up their skillets, get the bacon and sausages sizzling and put the coffee on to brew early Friday September 6th. Aside from

coffee brewers extraordinaire: Joan Harrison and Beverley Coolican, the kitchen was dominated by



men and it ticked like a well-oiled machine. Majorie Cullerne, violinist with the Vancouver Island Symphony,



his team for a great start to the fall season!

Check our new website for a slideshow of photos of the morning's fun.



and Peter Wilk, accordionist, provided tunes from traditional cowboy fiddle music to With the music to Rogers and Hammerstein's Oklahoma to Scott Joplin while members chowed down on breakfast.

Thanks to Tony Eastham and



## TREES, BOATS, FISH & CHIPS

Eight Probus members went on a leisurely walk along the Cable Bay Nature Trail and further to Dodds Narrows on what turned out to be a lovely day, Thursday September 19th.

The 4.6km trail is wide and relatively easy, meandering through lush ferns with beau-

tiful old forest towering above. Remnants of

a previously planned development are in evidence and

all were pleased that the natural beauty of the area is, so far, preserved for walkers.

The trail from Cable Bay to Dodd's Narrows follows the coast and, although slightly more challenging, was well worth the walk. We watched as tug boats pulled massive



log booms south out of the narrows and then the boats lined up waiting,

quickly made their way through between Vancouver and Mudge Islands. A great spot for boat watching and, at the right time of year and given the right conditions, you can imagine it would be wonderful for spotting sea lions, eagles and some have



even reported seeing orcas.

The finale was lunch at the Crow & Gate in Cedar.

**Check out [nwbprobus.org](http://nwbprobus.org) for more pictures from the walk.**



If you have a walk you'd like to organize, go to [nwbprobus.org/special-interest-groups-2/walking-group/](http://nwbprobus.org/special-interest-groups-2/walking-group/) and fill out the form.

## NEWS...FROM PROBUS CANADA



Probus Canada has worked with Johnson Inc., a national

benefits provider, to offer a benefit plan custom-designed to members. The plan includes the following voluntary benefit options that can be purchased on a stand-alone basis to meet our insurance needs.

- *Extended Health Care* with "Prestige" Emergency Travel Insurance (includes trip cancellation)
- Dental Care

- Stand-alone Trip Cancellation/Interruption
- MEDOC Travel Insurance (includes Trip Cancellation)
- Guaranteed or Term Life Insurance
- Long Term Care Insurance

For members under the age of 75, in good standing with Probus, there is a ONE-TIME OPEN ENROLMENT PERIOD FROM SEPTEMBER 15, 2013 TO OCTOBER 31, 2013 for *Extended Health Care* (EHC) with Prestige Emergency Medical Travel and Trip Cancellation Insurance. During the open enrolment period, Probus members under the age of 75 can apply for Ex-



*tended Health Care* coverage without providing medical evidence of insurability. Also, Dental Care applications received during the open enrolment period will not be subject to prororation of annual limits.

Following the open enrolment period, new Probus members may apply for this coverage within 60 days of losing exist-

ing employer group coverage without submitting medical evidence for eligibility. After 60 days, EHC with Prestige Travel applications require medical evidence of insurability and may be declined coverage.

For more information and the appropriate forms to complete, go to Johnson Inc's website: [www.johnson.ca/probus](http://www.johnson.ca/probus)

## BRING A FRIEND OR NEW NEIGHBOUR...

### Northwest Bay Probus Club



- Are you recently retired?
- Are you interested in stimulating talks from local experts on history, culture, health, geography, science, technology, etc.?
- Would you enjoy social events such as picnics, golf tournaments, car rallies, local tours?
- Would *Special Interest Groups* such as wine, walking, golf or books be of interest to you?

As we head towards more indoor activities for the winter, it's a great time to think of meeting new neighbours or getting together with new acquaintances. Perhaps they are interested in meeting new people, hearing how BC Hydro keeps our power up and running (October) or what services are available at the new Oceanside Health

Centre (November).


If you have a new neighbour, especially one who has just retired to the Nanoose/Parksville area, here's an opportunity to introduce yourself and

hand them a card which will give them a way to meet lots of new people in one spot.

If you can't bring them to the next meeting with you - the card will be their introduction and the rest of the membership will take it from there, giving them a warm welcome and introduction to Probus.

Every member will receive five of these cards at the next

meeting and we hope that you'll spread the word about this wonderful club.



**PLEASE JOIN US!**

The **First Friday** of each month at 9:30am  
at St. Mary's Church  
2600 Powder Point Rd., Nanoose Bay, BC

Visit our website for more information: [nwbprobus.org](http://nwbprobus.org)

Your Sponsor:

## MARK YOUR CALENDAR!

**FRIDAY NOVEMBER 1ST**

**Sheila Cruikshank**

**Oceanside Health Centre**

**FRIDAY DECEMBER 6TH**

**Christmas meeting**

**FRIDAY DECEMBER 13TH**

**Christmas Party @ Fairwinds Golf Club**



## GOINGS ON...IN THE AREA COMPILED BY LORETTA DAHN

**BC SPCA PARSVILLE-QUALICUM FALL BOOK SALE**

Thurs October 3 9am-5:30pm, Fri October 4 9am-7pm, Sat October 5 9am-4pm

Wembley Mall 826 W. Island Hwy, Parksville

**SCOTT KELBY WORLDWIDE PHOTOWALK**

<http://tinyurl.com/orfa96t>

Saturday, October 5th, 2013 9:30 AM to 12:00 PM

Scott Kelby's Worldwide Photo Walk is a free, social photography event where photographers get together in any public area to walk around, shoot photos, and generally have fun with other photographers. Local photographer, Randy Hall, will be leading a walk again this year in Qualicum Beach. This year's walk will take place at the Little Qualicum Fish Hatchery from 9:30am to 12:00 noon. Check out the website for more information and to register at: <http://tinyurl.com/orfa96t>

**ORANGE BRIDGE FARMERS MARKET**

Saturday October 5, 12, 19 & 26; 10am–2pm  
Parksville  
Fruits, veggies, homemade breads, baking, clothing, crafts and flea market items.

**QUALICUM BEACH FARMERS MARKET**

[www.qbfarmersmarket.com/](http://www.qbfarmersmarket.com/)

Saturday October 5, 12, 19 & 26; 8:30am–12pm  
Fir St & Memorial, Qualicum  
Over 60 vendors, providing everything from crisp fresh veggies and fruits to baked goods, honey, cheeses, eggs

and meats, heritage and conventional, and talented crafters. More Info: Dawn Osborne chickenkisses@hotmail.com 250.757.2006 Event

**LANTZVILLE FARMERS MARKET**

October 6, 13, 20 & 27; 1:30 - 4pm

St. Philip's by-the-Sea Church, Lantzville  
The Lantzville Farmers Market is a great market. You can come and have lunch and shop around while listening to some great musicians. Local produce as well as craft vendors.

**NANOOSE LIBRARY CENTRE FALL BOOK SALE**

Saturday Oct 19 9am-4pm - Sunday Oct 20 9am-1pm

Books priced from \$1.00+ Admission is free with all proceeds going to the library. Nanoose Library Centre can be found in the quaint log cabin at the

corner of North West Bay Rd and Nanoose Rd in the Red Gap area of Nanoose Bay. For further enquiries tel. 250.821.3685. Let's show our support for this worthy cause.

**THE LANGUAGE OF THE LIGHT, AN EVENING OF MUSIC**

[www.windweaver.ca/](http://www.windweaver.ca/)  
Sat Oct 19 7pm to 10pm  
Costin Hall 7232 Lantzville Road, Lantzville

Featuring music by four talented Nanaimo musicians with the proceeds of this event will be donated to the Nanaimo Community Hospice. Cost: General: \$20.00

**MEN'S PUB LUNCH**

**Tuesday  
Oct. 8th**



**Meet at Nanoose  
Place @ 11:30  
to car pool**



**Black Bear Pub**  
6201 Doumont Rd  
Nanaimo